

A Blessing

I hope for you in this new year...

That the single, most significant dimension of life is your relationship with the Source of Goodness who never ceases to sing love songs to your soul.

That you find Meaning, Purpose, and Vitality in what you do daily.

That you Treasure your loved ones and let them - know how dear they are to you.

That you make choices and decisions that reflect your truest self.

That you look in the mirror at least once a day and smile in happy amazement.

That you remember relationships are what count above all else - more than work or money, or all the material things we spend so much time tending.

That you live in an uncluttered manner, enjoying the freedom to be content.

That you keep your sense of humor when things don't go the way you want.

That you find adventure in each new day and marvel at the wonders of creation which constantly present themselves to you.

That you never give up on yourself when others turn away or do not understand.

That you are attentive to the health of your body, mind and spirit.

That you take risks and accept the growth-full challenges that come to you.

That you draw on your inner strength and resiliency when you are in need.

That you carry peace within yourself, allowing it to slip into the hearts of others so our planet becomes a place where violence, division, and war are no more.

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