



A Year of Integrity #62 ~ 2007

Sharing Positive News since 1993!
*A Unique Blend of Old Time Integrity
& Ideas That Positively Transcend!*

This journal is FREE, published three times a year without prejudice by EAGLEEyeONE The Management Group. Contents are Copyright © 1987-2007. If you want to share information you find here...contact us first/credit the issue/author. Everyone connected with this journal, does their best to live in a place of high integrity – still, unintentional errors/omissions occasionally happen. Please double check any information within that causes you to question. Gabriole Springford is inspired year in, year out to “DO” this project under the loving guidance of the GCL and Yoda’s mantra: **“DO or DO NOT! There Is No Try!”**

Our Cover/Center

Our cover/center photos are a gift from the lens of Carrie Chesnik. We know they will inspire you. She says: “Swans run the energy of power and grace. They represent the ability to see the true beauty of ourselves and others and to bring it to the outer world. As we awaken to the inner beauty and allow this to be our guiding force we become beings of light.”
carriechez@earthlink.net



• ONE •

105 Machleary St.
Nanaimo BC V9R 2G5
Attn: Gabriole Springford

250-753-7070

one@EAGLEEyeONE.com
www.EAGLEEyeONE.com



♥ 2007

Living Life with Loving Integrity !

We’ve said it before and we still sing the same tune as we perch ourselves on the boughs of Spring, 2007 - whatever the season ... **It’s ALL about Vibration!**

I was actually waiting with anticipation to see the cover of our last issue as it rolled off the press on its new paper. As you can see - we liked our new look and extra pages so we’ve gone for a repeat! But aside from the crisper colour as evidenced by our beautiful swans this issue, I LOVE the ‘vibration’ of the paper. Now that might sound a ‘trifle’ off the wall to some readers. But since we have often been considered to be the publication that is not afraid to speak up on something new and unusual...let’s forge ahead with this one.

Vibration! WHY does this matter to our magazine? Well, as many of you know, we put a lot of effort into keeping this production as ‘energetically pristine’ as possible. From day ONE in 1993, we wanted you to ‘feel the love’ when you picked up EAGLE-Eye, and we believe we’ve done a pretty good job of that over the years. Well NOW in 2007, to our absolute delight, you can

also hear the love. Our front cover now ‘sings a little song’ of its own...and I can guarantee that song is one of support for you. So I invite you to ‘rattle that cover and hear the ‘energetic love song’ intentionally placed there for you. If you are sad or lonesome - close your eyes and rustle up a new vibration all around you, compliments of our cover. Oh sure, a few of you will say this is the craziest thing I’ve said in years... but the rest of you are going to do it and smile when you feel the LOVE rise up around you! Indeed you may fearlessly laugh right out loud.

We’ve heard many comments from people who feel that the new year has just happened all over again. Perhaps this has to do with the Mayans, astrology, or a host of other explanations but I’m inclined to agree. Right now there is a fresh new feeling in the air...a knowingness that life is positively on the move and magic is manifesting at every turn.

It seems to me that people are standing up - and lighting up - walking their talk and trying to live with greater integrity. Thus we invite you to read these pages and enjoy every syllable, and become inspired to be MORE than YOU have ever allowed yourself to BE before.



Inside This Issue

A Note from the Nest 2	Sudoku 16	Intention Creates Reality 29
Gratitude 3	Sudoku Games 17	Reviews 30/31
Constructive Living 4/5	Sacred Gifts 18/19	Grandmother Drum 32
Stinging Nettle’s Message 6/7	Celebrate Your Own Divinity 20	Pawsitively Yours 33
Is Your Home Making You Sick? 8	Tools of Transformation 21	Wisdom of the Gong 34/35
Breathing 9	Poster 22/23	Grandfather Dragonfly 36
Bottled Water 10/11	SecreSea 24	Star Children 37
Special People 12	Coming from Love 25	LIGHTonLIGHT 38/39
Pluto on the Galactic Center 13	Shamans Old and New 26/27	Imagine 40
Integrity 14/15	MesSAGE 28	People/Workshops 41/42/43