

Embrace and Celebrate Your Own Divinity!

*“ The
Most Important
Relationship
you can foster
is with your
Divine Self. ”*

As we walk the path of ascension, we are guided in many ways to do many different things. We may be led to assist others, work on healing the Earth, build healing practices, volunteer, meditate, support love/light workers financially, write articles, create groups for spiritual discussion, hold retreats, provide guidance and teachings, create metaphysical retail outlets, and so much more.

Until now, we have worked primarily outside ourselves. When we looked within, it was often to discover wounds, past karma, triggers, fears and blockages. Facing our fears has been difficult work!

In recent meditations the Divine Mother asked me to share the message - it is now time to look inwards and remember our Divinity. The Divine Mother has said, *“The most important relationship you can foster is with your Divine Self”*.


When sharing this message with others, questions arose regarding selfishness and self love, due to our judgements and perceptions around each of these. We have been taught through the ages that selfishness is bad, and that selflessness and sacrifice were virtues. These teachings judge negatively those who take time for themselves, who focus inward for answers and say no to all the pressures of today's living.

During meditation the Divine Mother has indicated several times the importance of the relationship with Self. It is being suggested that we look at “selfishness” from a new perspective - as Self Love. When we view “selfishness” from this perspective, we realize the value of putting ourselves first. We realize that without self love, we can not reach ascension. Our judgement and rejection of “selfishness” is a true rejection of Self and prevents us from reaching higher levels of love and understanding.

It is time to embrace Self Love, and our own Divinity, learning to love all of ourself, not just the parts we like. Divinity is our individual connection and codes of God/Goddess. We have forgotten that we each hold God/Goddess within us and now is the time to awaken and activate our Divinity codes.

As humanity continues on its spiritual path, with more and more awakening each day, it is time now to honour the God/Goddess within. It is time to remember who we are, our Divine Purpose, our Divine Gifts, our Divine Self. It is time to seek, embrace, and celebrate our Goodness - our 'God'ness and our Divinity.

Ana La Rai may be reached a 250-752-5117 see ad this page.



Divinity Within
A Spiritual Retreat

June 25 - July 1, 2007
Tigh-Na-Mara Seaside Resort & Spa, Parksville, BC

**“The most important relationship you can
foster is the one with your Divine Self”**

Facilitated by Water Lovebody Mumaras:
(250) 752-5117
AnaLaRai (Laurie Sagle)
Laneya (Karen Coogan) ~ A'LiAna (Joy Clarkeson)

email: wavesofcreation@mac.com
www.wavesofcreation.com