

REVIEWS



'Tis the season to be Jolly' is coming up quicker than the blink of a reindeer's nose. Although there is a new consciousness rising regarding the global integrity of buying gifts - the truth is - the habit is not going to disappear overnight. So if you want to buy - we think books and music are a great choice!

eMotive – a Compilation Album Here is a refreshing concept! *Non Profit Music* is a record company based in Spain that donates all of its profits to humanitarian causes, primarily the international medical emergency relief organization *Doctors Without Borders*. The recording label's motto is "Making Music, Saving Lives." This beautiful relaxing CD contains music from four Spanish musicians – Jorge Grundman, David Caballero, Eduardo Laguillo and Joaquin Taoada utilizing a wide variety of sounds and instrumentation. If you're looking for a peaceful, gentle CD while contributing to a very worthwhile cause, we encourage you to purchase this album. ISBN 02598107052

Om Deeksha – Maneesh de Moor This relaxing CD is a soothing blend of sacred chants and meditative instrumental music that is a manifestation of divine energy work called *deeksha* meaning 'transfer of divine energy' or 'oneness blessing'. In true style of acoustic sound healing, this simple healing provides a sacred environment to initiate the journey into higher consciousness- resulting in a true sense of well-being and feelings of compassion, gratitude and love. ISBN 978-1-59179-591-9

Fairy Tales – Jeffrey Fisher This enjoyable modern classic listening experience was specifically created as the score for the ballet "Hans Christian Anderson." *Fairy Tales* orchestrates three of Anderson's classic children's storybook fantasies – 'Thumbellina, Red Shoes and The Mermaid'. While capturing the sound of a full orchestra, this recorded version was created, instrument by instrument, layer by layer, on a keyboard synthesizer. ISBN 015882043120

Celtic Passage – Deirdre Ni Chinneide : This captivating CD interweaves traditional and non-traditional Irish music that is a delight to listen to. Deirdre, Ireland's rising female tenor, debuts her North American album, while embracing the energy of the wholly empowered feminine through the rich soundscape of moving verse, raw emotion and traditional arrangements. Using harp, fiddle, flute, bodhran and more, this mystical journey to the worlds of the Shaman and Spirit is her invitation 'to remember and retrieve that which we have lost'. ISBN 978-1-59179-547-6

Love T.K.O. – Eddie Gip Noble : If jazz and rhythm'n'blues keep your toes hopping, this debut album by Eddie will likely be for you. Primarily an instrumental CD that will appeal to smooth jazz enthusiasts, its unique style comes from the blending of R&B and funk rhythms with jazz soloing on acoustic and electric pianos. This frisky, funky beat captures that historic jazz-funk fusion sound. ISBN 094922764539

Liquid Geometry – John Consemulder: John has earned a degree in neuropsychology and is an author, composer, songwriter, record producer and live artist. Based on his in-depth research on cymatics (how sound influences and underlies form) he has created an electronic "chill" that prepares your body, mind and soul for awakening. He blends down-tempo groove infusion with sophisticated sonic frequencies that resonate healing vibrations through the body. This eclectic CD has been created to open the heart and alter our consciousness. UPC 600835-115025

Gypsy Moon – Priyo : This intoxicating CD combines the musical roots of the flamenco guitar, while creating a fresh, sultry sound by blending the tribal heartbeat of African drums. This trance-dance groove beat mingles traditions of past and present and almost hypnotically brings you to your feet to dance and sway the night away. This unique mix of flamenco guitar and deep, rootsy Afro-trance is an sensuous, enchanting, mesmerizing beat. UPC 600835-113427

The Giveaway – Daniel Moore : This CD is a compilation of 16 of Daniel's favorites from his 1972-2006 recordings that spans pop, roots rock, folk, Americana and blues genres. "All songs I write for myself, not specifically for someone else," he says. His compositions have been recorded by multitudes of top rock, pop, country, folk, R&B, jazz

and blues artists and he is one of the music industry's top songwriters for the past three-and-a-half decades. ISBN 632348002028

Float Like A Butterfly – Mike Longo : Jazz pianist, Mike, continues his deep exploration of the possibilities of rhythm based on lessons learned from his two greatest teachers – Oscar Peterson and Dizzy Gillespie. Learning the five T's from Peterson – touch, time, tone, technique and taste, Mike realized he had been playing the piano incorrectly for jazz. Practicing 13 hours a day under Peterson, he learned different ways of harmonizing and how to put together piano arrangements. This album is a culmination of all he has learned and continues to learn and search to explore the subtleties and nuances found in the world of jazz. ISBN 630183100626

John Fluker is giving a special present this Christmas – **J IS FOR JOY**. The CD celebrates Christmas with unique arrangements of classic carols along with original music. Fluker's soft-pop/R&B vocals show his influences with traditional tunes arranged like they have never been heard before. "There was no point recording these standards unless I could bring something fresh and different to them," he explains. "I enjoyed the freedom of embellishing them my own way and using elements of pop, R&B and jazz." So if you are the traditional Silent Night kind of person - you won't like this, but if the old songs seem boring to you - then this CD could be the answer to your Christmas prayers. (from Creative Services - our advance copy was without the ISBN)

The Field – The Quest for the Secret Force of the Universe – Lynne McTaggart This 2 CD audio gives us a compelling presentation of the theory that there is a measurable 'life force' in the universe. Based on interviews with today's cutting-edge scientists, Lynne takes us on a journey into "Zero-Point Field" that could explain the key to understanding 'supernatural' forces, healing energy and the nature of consciousness. Offering a challenging new vision of the future and how this science can immediately affect our own lives, Lynne unveils the mysteries, discoveries and wonder of *The Field*. ISBN 978-1-59179-562-1

Voice of a Leader – Vocal Awareness to Empower Your Communication in Business and in Life – Arthur Samuel Joseph : This 2 CD audio set is designed to bring clarity, confidence and leadership to your voice. Using the *Vocal*

Awareness System developed over a period of 4 years, this offers proven methods to create a shift in the way you present yourself. It will give you the skills necessary to maximize the power of your voice, increase confidence, and instill consciousness in your communication both in business and in life. ISBN 978-1-59179-563-6

Buddha Is As Buddha Does – Ten Original Practices for Enlightened Living – *Lama Surya Das*: This 4 CD set is a template for living in the world as an “awakener”, a peaceful spiritual warrior serving the highest good. Learn how to practice the ten *paramitas* (transcendental virtues): generosity, ethics, patience, energetic effort, meditation, wisdom, skillful means, higher aspirations, powers, and pristine awareness. “As long as there is suffering in the world, there is spiritual work to do,” explains Lama Surya Das. ISBN- 978-1-59179-559-9

The Diamond In Your Pocket – Discovering Your True Radiance – *Gangaji*: This 5 CD set running over 6 hours provides a brilliant series of contemplation and insights that you will want to hold dear and return to again and again. Exploring a breadth of topics from how to let go of your need to control, to the trance of language, to despair’s hidden treasure, these CD’s help you to cultivate the courage to be vulnerable so that you can meet – and deeply merge with - the unknown. Gangaji shows you thought-by-thought how to stop the endless activity of your mind, and experience the brilliance and radiance of who you really are in every present moment. ISBN 978-1-59179-553-7

The Healthy Brain Kit – Clinically Proven Tools to Boost Your Memory, Sharpen Your Mind, and Keep Your Brain Young – *Dr. Andrew Weil & Dr. Gary Small*: This comprehensive 2 CD, 54-page study guide and 35 cards offer a complete kit of brain-boosting exercises and insights to boost memory, sharpen concentration, enhance creativity and verbal fluency. Full of tricks, tips and teasers, this kit will strengthen your brain fitness anytime or anywhere and keep your brain young in the years ahead. ISBN 978-59179-530-8

Becoming an Intuitive Healer – A Professional Development Course for Health Practitioners – *Dr. Judith Orloff*: Recorded at a 4-day in-depth training this 6 CD set and 34 page study guide gives you the skills and insights required to use your intuition in conjunction with conventional knowledge. This CD provides you with detailed instruction in every phase of intuitive healing,

including how to make a diagnosis, the basics of energy healing, protecting yourself from burnout, working with subtle energy and intuitive empathy. The result: a wholly balanced practice that considers the physical, emotional, and spiritual aspects central to your patients’ total well-being. ISBN 978-1-59179-546-9

After 50 It’s Up to Us – Developing the Skills and Agility We’ll Need – *George Schofield*: This book is a resource for millions of people who want to embrace life and invest in themselves and their futures now. Based on numerous in-depth interviews between the ages of fifty and ninety-seven, Dr. Schofield weaves new frameworks for thinking and provides tools for clear communication into a useful picture. He makes wisdom accessible, revealing rare insights and mind-opening possibilities, offering 10 tips when negotiating through this uncharted territory. ISBN 978-0-9790382-4-2

He’s Not Autistic, But...How We Pulled Our Son From the Mouth of the Abyss – *Tenna Merchant*: This thought-provoking book is an inspiring story of persistence, courage and love in her efforts to help her small son overcome a serious immune disease when traditional western medicine insisted there was nothing wrong. Constantly searching and seeking answers and never giving up, this is her story of finally finding the doctor who revealed the primary cause of his suffering: aluminum. This book is a must for anyone who is sick or who has a loved one who suffers from illness. This moving story will inspire those who wish to heal. ISBN 978-1-933697-00-0

What is Hinduism? Modern Adventures Into a Profound Global Faith – *Editors of Hinduism Today Magazine*: This 400 page book is a compilation of 46 of the best “Educational Insight” features, conceived to dispel myths and illumine key aspects of Hindu wisdom, esoteric knowledge, teachings and practices, one at a time. You will appreciate its clear, concise explanations and it’s rich designs and abundance of photos and art. This one volume provides captivating insights into the marvels of this timeless tradition, and gives a brilliant answer to the question, what is Hinduism? ISBN 978-1-934145-00-5

May your joy expand with each new note you hear and your love of the vibration of words continue to make you smile with each crisp page you turn.

want a
new look
for the
new year?

professional
intuitive
wholistic
web design

by earth spirit creations

your sacred space
on the web

1.866.369.8590
250.947.9322

wholisticwebdesign.ca