



What is Soul Coaching?

If you knew deep down what your soul was yearning for, what would it be? Are you ready to hear the messages that your soul is giving to you? The answers to your deepest questions lie within you, waiting to be activated. Soul Coaching is about understanding the present so that you can change the future. It is about removing the blockages that are preventing you from seeing your truth. Soul Coaching works like a road map for your life's spiritual journey. Do you want to discover your authentic self, clear clutter and detoxify your whole being? What your soul wants may be totally different from what you think you want. Ask yourself this; are you really happy and fulfilled with your life? Is your inner self aligned with your outer self?

Soul Coaching is not a therapy and is different from Life Coaching. Therapy usually focuses on emotional healing, and traditional Life Coaching usually focuses on the attainment of a goal through motivation and inspiration. Soul Coaching helps you to find a meaning or purpose to your everyday life. It also helps you to face fears and take an honest look at yourself so that you can release old negative patterns. It helps you to step into who you truly are and gives you an opportunity to hear the wisdom from within your being, helping you to discover the answers that you are seeking. The Soul always knows the Truth!

The aim of Soul Coaching is to align your inner spiritual self with

your outer physical world to create a more balanced and harmonious life. When you clear away mental and emotional clutter you can then truly connect with your Divine Essence.

This amazing program was designed by Denise Linn, founder of the International Institute of Soul Coaching. She is a world-renowned teacher, healer and author of more than thirteen books. I am very honoured to be a Certified Soul Coach and to have Denise as my teacher. It is so wonderful to be a part of this life-changing program. You can have individual sessions or enjoy the magnified benefits of connecting with a group through the 28-day program. The program is for anyone seeking growth and spiritual transformation and consists of four, one-week sessions, with daily exercises aligned with the elements of air, water, fire and earth. These elements coincide with mental, spiritual, emotional and physical wellness. It is designed so that you can fit it into your busy schedule. This program is for anyone who is seeking their truth and is ready to step into their future.

Do you know
what your life mission is?
**Are you ready to hear your
calling and shape your destiny?**

Rosanna Ienco Barned is a Certified Soul Coach, Shamanic Practitioner, Medium & Angel Therapy Practitioner. For Soul Coaching info or to join the 28 day program: (250) 760-0396 go to www.divinesoulawakenings.com

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