

WALKING BETWEEN THE WORLDS - A NEW JOURNEY

Our planet is undergoing a major shift to a higher frequency. Because earth is a living, moving, energy system, all who reside within her energy fields will also experience this realignment. As the planet undergoes her transformation, a term called the 'Creation of the Lightbody' has been created. The process of transition into Light is a gradual one. We humans are not physical matter one day and pure Light the next. Our energy fields are infused with and realigned to Light gradually or else we would experience electrical 'burn out'. Creation of the Lightbody is due to our planet's current transition process and is not an optional experience or process. The Lightbody is gradually created through the transmutation of our current physical body as it mutates and absorbs more Light. This planetary change of transformation can be classified into levels described below.

FIRST LEVEL: When the body drops density it commonly displays mutational symptoms of flu, headaches, diarrhea, rashes, muscle and joint aches. Most flu epidemics are actually Light epidemics! Brain chemistry changes, right and left brain functions blend and the pituitary and pineal glands begin to change in size. The DNA structure and chemical components begin to change and pick up extra hydrogen atoms and chemicals that the cells need to take undifferentiated higher Light and break it down into useable Light encodements for the DNA.

SECOND LEVEL: As the etheric blueprint floods with light and releases karmic experiences, individuals may feel disoriented. Many question "why

am I here"? Light in the etheric blueprint releases 4th dimensional structure and causes spins in the geometries of the emotional, mental and spiritual bodies. Change is rapid and many feel tired.

THIRD LEVEL: Physical senses become much stronger. Our bodies not only absorb Light for its own evolution, but also act as a transducer-decoder of higher Light energies to the planet as a whole.

FOURTH LEVEL: Changes occur in brain chemistry and the brain. Symptoms are often headaches, blurry vision, and loss of hearing. Vision and hearing are being realigned to function differently. Crystal regulators in the etheric body keep lines of light within the 5th dimensional blueprint from connecting again until we are ready. Individuals get strong unexplainable and undeniable urges to follow spirit without hesitation. We experience flashes of telepathy, clairvoyance and nearly all begin to experience empathy. This is a time of FEELING, of honoring, accepting and validating the emotional body.

FIFTH LEVEL: The mental body feels compelled to tune into spirit. Dreams change and become more 'lucid' and we may experience feelings of déjà-vu. Thought processes become non-linear and we see the habitual nature of thinking and behavior. We begin de-programming and re-programming ourselves to create the "I" we wish to be, not the "I" we think we should be. Change seems to be constant and we consciously begin to discern from our heart rather than judge from 'conditioned responses'.

SIXTH LEVEL: We begin to question what is real for us. Our mental process and how we identify and relate with others and ourselves will change rapidly. Re-evaluation may be uncomfortable, but we feel it must be done. We look at our relationships, jobs, home environment, lifestyles and find that it is a time of letting go and of moving on. We change within our being, everything feels to be in a state of flux, yet we feel lighter, vaster, and somehow freer. At this stage the Light quotient in our being is 33%. We begin to feel as though we are opening up to our inner senses. Clairvoyance, clairaudience, etc seem normal and natural to us.

SEVENTH LEVEL: The heart chakra opens more, we become more 'real', and we just have to be ourselves! We release old blocks and patterns. It is a time of great emotional clearing and great intensity as we seek to rid ourselves of emotional baggage. We feel more in tune with each moment, feeling very present and flowing with life. Often, old relationships end or change rapidly. We begin to lose emotional attachment to others. Chest pains (angina) are more common as the heart continues to open its energy fields. Fear at this time is released, as the energy fields of all the bodies are realigned through the heart and when aligned, fear drops away. Pressure at the forehead or back of the head is due to the opening of the pituitary and pineal glands as they absorb more light. Some days we feel connected and joyous, others days we get caught up in survival issues. As we learn to follow our joy, we want everyone to follow their joy. ALL are stages of progression and reflect our changing perception.

Dietary wise, you feel like eating less, and enjoy more live food. Many have ceased to eat meat, sugar and alcohol as they 'feel' the effects of these substances on the vibrational fields of the body.

EIGHTHLEVEL: The pineal and pituitary glands change shape. The brain is being activated - particularly the cerebrum, the 'sleeping giant'. Cranial expansion is common; triangular 'seed crystals' in the brow and recorder crystals in the right side of the brain are activated along with the 8th, 9th and 10th chakras. We begin to be hooked into the languages of Light. The pituitary and pineal glands are opened fully and work together to create the 'Arc of the Covenant', a rainbow light that arcs over the top of the head to the third eye that is a decoding mechanism for higher dimensional language. We find it difficult to use words to express ourselves as we think in geometries and tones. We become more aware of the vastness and multi-dimensionality of our nature and we KNOW that we can be anything that we want to be. We cease to operate from obligation and share words from our heart and soul. We operate from a deep level of serenity with heightened sensitivity and awareness, yet feel grounded and transformed.

NINTH LEVEL: Our body may change shape as the energy fields shift. Decoding geometries and toning becomes easier. We release the energy to sustain the 'game of separation and limitation' and feel truly free. We feel interconnected to all Beings everywhere, and begin the final surrender to Spirit and truly become the Divine instrument. Here, Spirit determines our income, our work, other beings in our lives, everything. This is the dis-

solution of the ego-self and while ecstatic, it can be painful. We may go back and forth, clinging to old comfort zones before completely letting go - there is no turning back and all must be released.

The 9th level is surrender and then ecstasy; the letting go of the "I". From the 7th, 8th and 9th level, the inner light noticeably radiates out and by now we feel unbelievably grounded, connected, centered, filled with purpose and desiring only to serve. For awhile we may slip between the 8th & 9th, from feeling complete 'at-one-ment' to being 'a limited human being' again. This settles down by the end of the 9th level. We then continually feel connected and operate from our Christ level and our intention and motivation is always for the highest good. The 9th level is where we begin to hook up to our I AM presence. The last three levels unify all energy fields, all chakras are unified and you become totally connected to your I AM presence.

TENTHLEVEL: We are One with Source consciousness and know all is possible. DNA is no longer 2-strand but 12 strand; teleportation, manifestation etc. are instantaneous. The Lightbody has been built and allows us to pass through space, time and dimensions complete in our totality.

11th LEVEL: All levels of the Lightbody are activated and connected to our physical body via 'spin points'. These light matrixes lie along the physical acupuncture meridians and are lines

of light intersecting in beautiful geometries - a new 5th dimensional circulatory system of Light. Cellular regeneration has been accomplished. Time is no longer linear but simultaneous - past, present and future co-exist - all exist in parallels. There is no separation and we fully manifest our vision of Heaven on Earth and express the ecstasy of Spirit. In this conscious awareness, many will create new types of Light-based technologies. All have received specialist training and skills to help create and manifest the New World - the 'Golden Age'.

12th LEVEL: The continuation of the Creation and implementation of the New World systems will hook up with other 12th level initiates who bring into existence new governments, new financial and educational systems, better system of food and resource allocation. Everything will be redefined in the final stages of Earth's ascension so that all may exist in joy, equality and harmony. The planet and her inhabitants will have been 'rewoven' into Light, to shine in their full glory as the final stages of this Divine Plan unfolds. The planet goes to Light, shifts out of this dimension and is brought into a multi-star system where everyone is a Lightbody and follows Spirit. All parallel realities are rewoven and absorbed back to Spirit and all have aligned their will to the Divine.

An excerpt from Gregg Braden - author of "Walking Between the Worlds" printed in 1997 ISBN 978-1889071053 - YES 10 years ago!



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