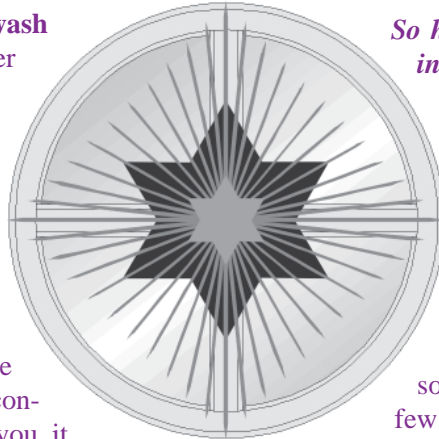


# YOU TOO CAN COMMUNICATE WITH ANGELS !

Have you ever felt a gentle breeze wash over you out of the blue? Have you ever been in a situation and thought: Wow, there must have been a guardian angel watching over me? Perhaps you have had heard stories of Herculean feats by people in near-death or accident situations who later “disappear”, never to be seen again. Or maybe you have noticed with interest how angels have pervaded the media more and more in the last decade, and increasing constantly. If any of these resonate with you, it is extremely likely that you have truly been touched by an angel in some fashion.



*So how can you start to hear, see, feel and intimately know your angels' presence in your life?*

Whether you are a believer or a skeptic though, angels do exist, and they believe in you. Various religions and spiritual beliefs have spoken about angels for millennia—giving the idea being that we truly do not walk this planet Earth all by ourselves. Even though we may not see or recognize them all the time, there are invisible companions called angels all around us—they often work their magic through people, animals, situations and synchronicities.

### *But how do they show themselves?*

There are different ways that angels show themselves to us. Have you ever noticed seeing little sparkles of light out of the corner of your eye? A voice whispering something in your ear that you are not sure where it came from? Maybe you woke up from a dream and thought you saw something in your room, which perhaps you sloughed off as your imagination. That is a good indication when your angels are making their presence known to you. Personally, it is fascinating when looking at the clouds and seeing the shape of angel wings. That is often a strong physical clue that angels are nearby.

**First**, it is important to understand that each one of us has an inherent ability to connect with the angelic realm and assistance that is there for each of us. We already possess the tools we need to communicate and receive information from our “invisible” helpers. This is not something that is reserved for the exclusive few.

**Second**, you receive messages and guidance from angels whether you are aware of it or not. The trick is to tune in to hear it, just like changing the frequency of a radio station to your favourite station.

**Third**, angels communicate through visions, thoughts, words, sounds, physical sensations, and emotions. Life is busy, and it's very easy in our fast-paced world, to ignore and not realize that angels really are trying to communicate. Slowing down and really paying attention to the repetitive patterns is important—a thought which plays itself over and over, seeing the same sign many times, or an inspiration that comes seemingly out of the blue.

Angels are here to help you with your hopes and desires. They want to help you to fulfill your dreams. Communicating with your angels is easy. Anyone can do it. All you need to do is be open, be willing to ask for help, and pay attention to the signs and signals given to you.

**So try inviting your angels into your life today—and be prepared for a wonderful experience!**

*Olena Gill and Rosanna Ienco Barned will be conducting a special **Spend a Day with The Angels** workshop to help you connect with your angels on Sat, Dec 15, 2007. Contact Olena (250) 954-2204 or Rosanna (250) 760-0396.*



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