

Reiki for Animals

How fortunate we are to live in a time where alternate approaches to health care are increasingly accepted by society and mainstream medicine. Naturopathy, chiropractic, acupuncture, massage and Reiki are only a few of the many therapies available to us as we seek a more holistic approach to health. Although useful in disease, these therapies focus proactively on disease prevention and health maintenance.

Animals also are benefitting. Agility dogs often make use of chiropractic adjustments. One dog I know with inoperable hip dysplasia is being successfully treated with the insertion of gold beads by a veterinarian who is also an acupuncturist. In my own practice of Reiki for animals, it is gratifying to see depressed, pain-soaked, sedentary animals regain their interest in life and play after one or more treatments.

Reiki is an ancient art that promotes health and deep relaxation in animals and humans. "Ki" is universal life energy, "Rei" means from the Source, in Japanese. Everything that is alive has life energy. However stress, injury, illness or the daily wear and tear upon our bodies and minds depletes this. Reiki restores the balance to our bodies by replenishing our lost energy and allowing our organs to normalize.

Science has now proven that we are electromagnetic beings, with energy fields that can be measured. Each organ has a particular frequency signature. When the optimum state of functioning is compromised, disease results. This is as true for animals as



it is for humans. It is not necessary to know all the scientific facts to channel Reiki energy. The body knows how to make use of the energy for best results. And very often this may not be only on the physical level. In my practice, I have seen remarkable healing of emotional trauma due to abuse, divorce or the death of a companion.

Reiki does not replace the services of a veterinarian however it is useful in conjunction with veterinary care. Reiki enhances the effect of antibiotics; post surgery, reduces pain and anxiety and speeds healing. It has been given with great success to older animals with arthritis or rheumatism or while dying. At the very least Reiki achieves deep relaxation, producing a feeling of well-being. The relaxing influence of Reiki can be used while travelling, when any changes occur in the household such as a move or the introduction of another pet, and before competing in events such as dressage or flyball.

Animals generally enjoy receiving the loving touch of Reiki. However it is important to respect the animal's wishes. I believe that dogs, cats, horses, indeed all animals are sentient creatures, also on their path. I explain what I would like to do and go ahead only if there is permission. Just as in the human world, illness or injury may serve a higher purpose. Reiki never harms and only helps in ways individual to each client.

Anne offers a mobile service, Gentle Touch Reiki for Animals, in the Cowichan Valley call her at 250-743-0727.

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