



A Year of 'Joy-Full' Living!
#69 ~2009

Sharing Positive News since 1993!
A Unique Blend of Old Time Integrity & Ideas That Positively Transcend!

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Our Cover/Center ☆

Our front cover and center photos were taken at the shores of Newfoundland. Hopefully you can feel the blessings coming from the water at the other wing of the dove. Photo credits go to Linda Redman our in-house photographer, Lisa Iris, art work pg 21, G. Mitteregger pg 34, Phil Rowe pg 36, G. Springford here and there. Drawing credit: www.earsay.com/labyrinthmusic/phil/jewitt/Labyrinth-Jewitt.htm pg 35.

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Everywhere Our Love Shows
speaking from the heart _____



I suspect you have noticed 'the gift' this year has already given us. It's hard to put your finger on... yet it is 'perfectly real' in its illusiveness. It comes with an unusual crispness in the air... a lightness all around, a bounce in people's steps and smiles where there were none before. It boils down to: **As you think it - so it becomes.**

I am not saying our lives are free of challenges, quite the opposite. This is a year where some of our most dearly beloved have transitioned to more heavenly realms, leaving us 'living in a void'. Still, people are rising up to challenges in a new way. They are looking for the gifts within and turning lemons into lemonade. They are truly helping each other - not out of duty - but out of joyful love, understanding and compassion - simply because they can. What a gift, what a miracle in itself.

I have always believed this year -2009- would present special opportunities we seldom see - possibilities to right old wrongs - to seize a moment and ACT. We have been saying on our front cover since 1993 that we are - 'dedicated to positive thought and ACTION...' and we say it still. Thinking is a good thing- dreaming is the magic ingredient of new creations, but nothing happens until we actually DO something - however small. The tiniest of steps still propel you forward in the same way that one little spark can light up the world. Thus, in this special year, it seems as if a doorway has opened and all we have to do is turn the handle and watch as endless opportunities pour forth. Call it what you will, a doorway/a gateway/a support system

that connects to us with joyful light. It inspires us to trust - to BELIEVE in ourselves again, to KNOW we can do the impossible - especially when our lives are aligned with 'the source' of our spirit within. It is truly a year for the ancient, sacred, invisible geometric patterns of peace and forgiveness to come alive and to BE active once again. It is an exciting time when we open the inner-blinds and let our hearts shine, and even better, when we appreciate being here. Good things can spread like wildfire and although some of those have been known to blow out of control, on the other hand, they have cleared many fresh paths. So it also often appears to be with our own lives.

Rachel Remen, physician and author of *Kitchen Table Wisdom*, wrote "You can get a lot accomplished if you don't care who gets the credit." How true! And so with 4 months remaining, let's utilize it, let's just do it - without hesitation - not because of a contract, but just because we can.

We have included many articles in this issue where the authors are truly speaking to you from the heart. No false illusions...rather from a power-point of pure love, hoping their words and their thoughts will have some value for you or your loved ones. (Note on pg 31 there is a call for the world to join together on Nov 11 in Peace and Forgiveness.) YES, powerful times indeed.

So turn the pages. Smile...wipe a tear...nod your head...breathe...and in the final analysis, let life be good to you.

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