



A Year of 'Joy-Full' Living!

#71 ~2010

Sharing Positive News since 1993!
A Unique Blend of Old Time Integrity & Ideas That Positively Transcend!

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Our Cover/Center ☆

With pink flamingos on the lawn, bullying and cancer awareness, including dragonboats and pink carnations taking to the water, our front cover reflects the celebrations of life and hope. PINK symbolizes so much as it continues to inspire changes still to come. Thanks to Linda Redman, for continuing to capture the essence of life as it rises up around us.

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105 Machleary St.
 Nanaimo BC V9R 2G5
 Attn: Gabriole Springford
 250-753-7070
 one@EAGLEEyeONE.com
 www.EAGLEEyeONE.com

Happy Birthday 'Oh Canada' and YES...We Still Believe



As the magic of the 2010 Olympics continues to settle in our Canadian consciousness, we wave a birthday flag for our country. I suspect, with all the pride and good will generated in the 17 days (*or better put 'dazzling-17-daze'*),

in February this year, that on July 1st, 'red and white' will blossom all over this country once again. Roman candles will be lit and toasts made to this beloved country of ours. But more importantly...today, we toast the people who ARE the spirit of the country. It does not matter if the glass is full of fine champagne or homemade apple juice...it is the spirit, the pride- the joy - the good will, the gentle gratitude and generosity that clinks as our glasses touch. Our silhouettes rise up on the evening horizon, so many variations, all equal in this equation.

What became apparent to Canadians this year, is where we come from need not divide us anymore. We can embody the spirit of the new way of living harmoniously, in a gigantic country lit up by our common enthusiasm. Indeed we can play together, regardless of language, as each of us brings THE BEST of our past forward, meaning,

we dust off our lives, our personal histories and let go of what does not serve us anymore. At the same time, we gratefully grasp each precious golden moment that inspired us, saved us, or joyfully kept us on the path of our

own illumination. We carefully archive those memories and bring them forward with us, leaving lots of inner empty space to attract greater blessings into our lives.

Sometimes there seems to be so much to say and yet with each gentle heartbeat... often, so little needs to be said. In that quiet place, when we pause for a moment, we feel the new sense of power because we believe in ourselves - we believe in each other.

So turn these pages carefully...they are filled to the edges with stories and people worth knowing, positively abundant and ready to inspire you to find ways to also BE MORE of who you already are. Let's begin to live again...full of hope and impossible dreams...full of heart as your 'little light inside' powers up for all the world to see.

What else can we say to the world and you the people in it...save for...Bless your hearts...we love you dearly!

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