

☆ LET'S PLAY GAMES . . . Sudoku & Word Search! ☆

1

Instructions:

2



			2					
9	7		3	4		8	5	
		5				3		7
	4		8		5		3	
	2						6	
	3		9		2		1	
6		7				1		
	8	4		7	1		9	5
					3			

Fill in the grid so that every row every column and every 3x3 box contains the digits 1 through 9

		5	4					
1								9
	3				2	6		
6				9				4
7								5
2				8				3
		4	3				2	
	8							6
					7	1		

WORD SEARCH

- | | | |
|-----------|----------|-----------|
| addition | eagle | outrage |
| beauty | famous | query |
| berate | female | rear |
| breakfast | flaunt | river |
| calm | glacier | sacred |
| campaign | gloat | secret |
| civil | grown | selection |
| dance | hurry | sent |
| diligent | laughter | spring |
| drowsy | orange | squeal |
| | | taste |

For a quick hint or to check your answers go to page 36



L	E	L	A	M	E	F	L	A	U	N	T	Y
I	S	E	L	E	C	T	I	O	N	G	O	R
V	E	A	A	T	D	G	L	A	C	I	E	R
I	C	G	U	A	O	V	U	T	S	A	G	U
C	N	L	G	R	A	U	E	E	Q	P	N	H
E	A	E	H	E	F	G	T	Y	U	M	I	F
F	D	E	T	B	N	S	S	R	E	A	R	B
A	S	T	E	A	A	W	Z	X	A	C	P	E
M	R	A	R	T	O	G	O	C	L	G	S	A
O	I	O	C	R	S	E	C	R	E	T	E	U
U	V	L	D	R	D	I	L	I	G	E	N	T
S	E	G	B	R	E	A	K	F	A	S	T	Y
Y	R	E	U	Q	A	D	D	I	T	I	O	N



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Stephanie Labelle completed a Cranio Sacral Therapy program at Langara college. She is a graduate of the University of British Columbia with a Degree in Human Kinetics and has been practicing various holistic healing modalities for eight years. **Her approach to healing is gentle, effective, non-judgemental and supportive.**

Sessions are 60 min. Cost \$65 per session.

Stephanie Labelle, BHK, Reiki Master, CST



Stephanie is an active member of the natural health practitioners of Canada praticiens de la santé naturelle du canada