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Reuniting With Your Divine Spark

Have you ever thought about how many people you know who are on a healing journey? Why is it, when we believe we are created as perfect, divine beings, that we are so in need of healing? How did that happen?

I believe much of this begins in the womb (in utero), with the messages we receive mainly from our mothers, informing us of the role we are to play in her life, her expectations, whether we are wanted or unwanted, etc. Did you know that a baby in the womb is so closely connected to the mother's thoughts and emotions that it will respond when the mother just *thinks* about lighting a cigarette? We learn to recognize our mothers' voice and the voices of those close to her. All this comes to us through the filter of the protective womb, for which we are perfectly equipped and likely have no strong desire to leave.

In the womb, we receive information about the outside world, whether it is a loving one or a violent one that awaits us, as we prepare for our new life. So here we are, spiritual beings, choosing to have a physical, human experience, bombarded with conflicting messages about our spiritual source and human reality before we are even born!

One of my university professors, Dr. Gerry Fewster, theorized that each of us needs to hear a series of positive messages (called "good parent messages"), from our primary caregivers before we reach the tender age of two years old, in order to grow into complete, well-adapted, autonomous beings. These messages convey un-

conditional love and acceptance, permission to be different than, more than or less than one's parents, permission to explore and enjoy one's sexuality, to name a few. Since our parents are human, and few ever received all these messages, most of us have grown into adulthood with some issues requiring attention...hence our healing journey.

In these times, in order for new babies to arrive with permission to be all that they are, their parents will hopefully do their own healing before their children arrive. When the messages about this human experience match those of our divine creation, there is no conflict, and we remember who we are, why we are here, where we came from.

Interestingly, in my work with palliative individuals through Hospice, I have come to realize that those who are close to leaving this world are just as vulnerable as those who are arriving. They also need to hear that they are loved unconditionally and wanted, as they yearn to re-connect with their divine source, their "original home".

Many of us hear and receive information from "somewhere else", not really knowing its source or understanding its relevance. Yet it comes consistently, from within. How magical and miraculous it is that there is always a thread, a link, a connection with that which is, deep within our Selves.

In the womb, we are inexplicably linked with both our physical mothers and our Divine Source. When we begin our human journey, the messages of our human existence tend to override those of our spiritual origins. Throughout life, we seek a balance between the two,

seeking to correct incorrect thoughts and beliefs, remove negative energies and become more familiar and comfortable with our spiritual aspects. Our healing journeys begin only when we become aware of these imbalances and are ready to change, drawing on that special link with our Divine Source that has remained with us throughout our lives, providing us wisdom and strength.

These special links remain throughout our lives. As we mature, our hearing often becomes more sensitive to our inner voices, as we draw closer to our next major transition. All the while we are consistently receiving messages, some positive, some challenging, that provide opportunities to examine and choose the impact each one has on our lives. Thus it is important to be gentle with our Selves, understanding that the human journey, with all its conflicts and its miracles, began before we were born. Remember that you have never been alone; you brought with you - carried deep within - your divine spark, your heavenly link. It is always there, speaking when you are ready to listen. The word resonates love - reminding us that we are loved unconditionally, that we are perfect just the way we are. This inner spark is designed to provide strength as we live out our human experience and continues to remind us of the healing power of love.

I marvel at the perfection of all that is provided to guide us through our transitions. I believe the vibration of "good parent messages" can be a powerful tool for healing our wounded, inner child, allowing us to correct any messages that we received from our mothers (and fathers) that were contrary to our innate perfection. Our healed inner child, is then able to reconnect with our Divine inner spark. From the small babies to those who are preparing to depart, our innocent, inner child begs for a clear path to travel. One where we can also hear the angels sing. From this vantage point, the filter between this world and the next grows thinner and the loving messages from our Divine Source sing louder. It is never too late for us to remember who we are, and love our Selves completely and unconditionally. What a powerful place to live full constructive lives, one with ourselves - one with the whole.

While science has proven we are made aware of many of these challenges while still in the womb, we also were given the gift of free will to choose what to believe about our Selves. Ultimately, at whatever stage in our journey we are now, it is the perfect time to choose Love.

Mikeoula is a sound healer/musician. She has been inspired to create pieces of music, to be played for these precious ones while still safe in their mothers' wombs, incorporating these "good parent messages". 250-890-3360 see ad pg28



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