

Redesign your MIND !

Q: What is 7th Path and how does it work?

7th Path™ is a unique **self-empowerment, self-healing system** that works to release internal blocks like fear, anger, guilt and self-criticism. Releasing them allows you to feel better about yourself and experience more flow. And the body has more energy to heal.

7th Path™ combines the power of hypnosis with mindfulness meditation. It's much easier than meditating so almost anyone can learn it. And all it takes is a few minutes a day.

You can learn 7th Path™ in **just 2 easy classes**. During the course you will receive five "Recognitions" - universally positive statements you give to yourself while in hypnosis to gently release negativity from your body-mind. **You can actually feel them working!** Working with them will help you shift to a more positive way of thinking and feeling. (Most people start sleeping better right away!) In the first class you'll learn how your mind was designed to work and what hypnosis really is; how to take yourself into hypnosis easily; and the first "Recognition." During the second class you will receive the rest of the 'basic 5" Recognitions and learn how to redesign your mind with effective suggestions for the changes you want!

2 Saturdays: Δ May 8, 15 Δ June 12, 19 Δ July 17, 24 Δ Aug 14, 21

Attend the next FREE Intro Nite!

• May 5 • June 2 • July 7 • August 4

GO PRO!

Q: Do you teach hypnotherapy?

Yes! For the past five years I have been coaching hypnosis professionals and helping them get better results with their clients.

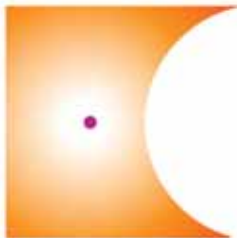
If you have your certification in hypnosis (CH) and are ready to **go beyond the basics** ... If you believe it is possible to **facilitate real change** using hypnosis but just don't know how If you're serious about doing what it takes to **become a hypnosis professional** ... visit my website and click the "Go Pro" tab. Then call me! I can significantly **shorten your learning curve!**



Wendie Webber, CH

Specializing in ...

- Regression Hypnotherapy
- 7th Path™ Self-Hypnosis
- Alchemical Dream Works
- 10 years experienced



www.MindDesignHypnosis.com

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