

## Clairvoyant Medium

The faculty for seeing beyond the physical realm and to communicate with those in Spirit.

### Stephen Austen

Clairvoyant Medium, Author & Lecturer

(250) 767-3089

Receive accurate, detailed Telephone Readings.

All Readings are recorded

[www.stephenausten.com](http://www.stephenausten.com)

## Cleaning

### VANCOUVER ISLAND

Miss ClutterBuster 250-335-1667 *ad pg. 20*

## Coaching

### NANAIMO

Life Coaching Christina Knighton, NLP Master Practitioner, Hypnotherapist\* Let go of your past, improve relationships, gain self-esteem. Make your life work for you! \* 250-753-1268 knightonconsulting@shaw.ca

Passion into Action Chantal Lemire 250-756-9952, 250-816-LIFE *ad pg. 10*

Wisdom is Within Liz Robitaille 250-757-9794 [www.wisdomiswithin.com](http://www.wisdomiswithin.com) *ad pg. 26*

### NORTH VAN/QUALICUM

Wisdom is Within Liz Robitaille 250-757-9794 [www.wisdomiswithin.com](http://www.wisdomiswithin.com) *ad pg. 26*

## Coffee

Healthy Coffee Sharon Hoehner 250-245-9240 [www.myganoexcel.ca/energynow](http://www.myganoexcel.ca/energynow)

## Colonics

Colonics involve gently filling the colon with warm filtered water through a speculum (a small sterile tube). When the water is flushed out, it carries with it any material that has built up in the intestine, including water, waste material, toxins and trapped gases.

### PARKSVILLE/QUALICUM

Mid-Island Colon Hydrotherapy Georgina Attridge, C.C.H\* Servicing this area for 6 years. Colon cleansing for wellness and vitality \* 250-752-0606

## Colonics - cont.

### VICTORIA

Danielle Allen, Certified Colon Hydrotherapist [www.coloncare.ca](http://www.coloncare.ca) [info@coloncare.ca](mailto:info@coloncare.ca) Phone: 250-381-1153 Fax: 250-381-8834

## Constructive Living

Constructive Living encourages an approach to life based on your own experience, rather than on theories about how life should ideally be. It helps provide a balance in everyday life and work, by narrowing the gap among the spiritual, the psychological, and the practical.

### BC /ALBERTA

The Constructive Living Learning Centre Trudy Boyle, Gottfried Mitteregger [trudy@constructiveliving.ca](mailto:trudy@constructiveliving.ca) [www.constructiveliving.ca](http://www.constructiveliving.ca) *ad pg. 7*

## Contractor/Developer

### COURTENAY/COMOX

Sun Fire Residential 250-897-5789 Rene Delisle

## Correspondence Courses

De Long Ancient Mystery School 1-866-342-0346 *ad inside back cover*

Inner Peace Awareness Centre 1-800-834-3480 [www.innerpeaceawareness.com](http://www.innerpeaceawareness.com) *ad inside back cover*

### BELCARRA

Touchpoint Institute of Reflexology & Kinesthetics Yvette Eastman 1-800-211-3533 604-936-3227 *ad pg. 22*

## Cosmetics

Sharon Hoehner\* Certified organic cosmetics and personal care products \* 250-245-9240 [www.goodskinforlife.com](http://www.goodskinforlife.com)


## Counselling

Offering Private and Group Counselling Sessions for:

~Stress Management~Exploring and Developing Intuition~Healing through Past Life Regression~Developing Personal Growth and Self Empowerment Techniques

**The Serenity Centre of Self Empowerment**  
Trudy Eastman 250-245-9262 or

1-866-521-1948 email: [serenitycentre@shaw.ca](mailto:serenitycentre@shaw.ca)



**Constructive Living**  
Learning Centre offers

**Innovative, character building educational programs** that maximize effectiveness at work and home by helping you to:

- Cultivate Awareness
- Know your Purposes
- Negotiate Balance
- Develop a Flexible Mind
- Wake up to the gifts
- Take Constructive Action

**Funding may be available for Canadian Non-Profit Organizations to take advantage of our workshops, including our one and three-day programs.**

Trudy Boyle & Gottfried Mitteregger  
**Tollfree 1.877.247.2032**  
[info@constructiveliving.ca](mailto:info@constructiveliving.ca)

[www.constructiveliving.ca](http://www.constructiveliving.ca)



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