

Detoxification - cont.

LADYSMITH/NANAIMO

Ionic Detox Footbath Sharon Hoehner
250-245-9240

Doula

A birth doula is a trained labor support person who provides emotional and physical support to a laboring woman and her partner.

NANAIMO

KSM Doula Services Kirsty Matheson
*A doula provides emotional, educational, and physical support during pregnancy and child-birth. * 250-716-1388

Doula Training

VANCOUVER ISLAND

Linda Baril 250-703-9520 l.baril@shaw.ca
ad pg. 23

Education

Inner Peace Awareness Centre 1-800-834-3480 www.innerpeaceawareness.com
ad inside back cover

BELCARRA

Touchpoint Institute of Reflexology & Kinesthetics Yvette Eastman 1-800-211-3533
604-936-3227 *ad pg. 22*

DUNCAN

Island Hypnosis Educational Centre
1-888-618-2211 250-746-1021 *ad pg. 10*

PARKSVILLE

Pharmasave Health Centre 250-951-0227
* Diabetes Education * *ad pg. 3*

PORT ALBERNI

Georgina Cyr * Animal Communication courses live and by correspondence *
250-723-0068 *ad pg. 8*

VANCOUVER ISLAND

Linda Baril * Reflexology Training *
250-703-9520 l.baril@shaw.ca *ad pg. 23*

Educational Material

NANAIMO

Kool & Child - "The Parent Teacher Store"
208 Wallace St. Nanaimo, BC V9R 5B3
250-716-1777, www.koolandchild.com 1-888-390-1775 koolandchild@nisa.net

Electrolysis

PARKSVILLE

Full Circle Esthetics & Electrolysis Susan Sprinkling * Permanent hair removal. Licensed Electrologist practising since 1994. Free Consultation and 10 minute session * 250-954-1504

Electro-Magnetic Field Balancing (EMF)

The EMF Technique® is a tool used with the intent of balancing the human electromagnetic field, allowing the individual's energy to open as many circuits as possible to the Universal Energy Source.

COBBLE HILL

Reiki Wellness 250-743-1733 #39-1400 Cowichan Bay Rd. *ad pg. 8*

SHAWNIGAN LAKE

Cathy Simons www.crystalclearreiki.com
250-743-9259 *ad pg. 22*

Energetic Art

Various art forms intentionally created to have a positive energetic effect on the viewer. Specifically designed as a catalyst to accelerate a transformational experience.

NANAIMO

Alexander Walsh, MFA 250-244-1560 sixcrows@gmail.com

Gabriole Springford BFA 250-754-9667
www.LIGHTonLIGHT.net
gs@EAGLEyeONE.com

VANCOUVER ISLAND

Amanda Delisle 250-898-1150 *ad pg. 25*

Energy Healing

CAMPBELL RIVER

Enlightenment Consultations Beryl Thielmann 250-337-5211 *ad pg. 22*

COURTENAY

Rainbow Healings

•3rd Level Healing Touch 2nd Level
•Master Ra-Sheeba Intuitive Mind
•Reiki Clearing of Unwanted
Energies in the Home

250-898-1192 250-338-2674
Rita Burrows - burrowsr@shaw.ca

Lobelia's Lair

† Metaphysical Treasures †



Offering you...

† Tarot Cards & Intuitive Tarot Readings

Drop ins welcome...

Appointments preferred

† Singing Bowls & Fair Trade Imports

† 100% Beeswax Candles & Essential Oils

† Clothing & Jewelry

† Local Art

† Airs Incense

† Ritual Tools

† Hearth & Home Adornments

Workshops, Celebrations,

Replenish

the Goddess Nights and so much more...

#8-321 Wesley Street
Old City Quarter, Nanaimo

753-5440

www.lobeliaslair.com