

Clear Up Stubborn Health Challenges With

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- Energetically Enhanced to Increase Effectiveness
- Hand-picked Wild Mediterranean Oregano
- Made with Certified Organic Olive Oil
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Powerful antibiotic,  
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HeartBody and  
Soul Healing Centre

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for Children and Adults

Michelle Ross

Reiki Master - Teacher

heart@netscape.ca

619-7962

## Clear Point Healing

"Experience Joy & Fulfillment in Your Life"

- \* reduce stress \* reconcile fears
- \* clear old patterns \* forgiveness

Intuitive Astrology  
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www.clearpointhealing.com  
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Sequoia  
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550-2950 Douglas St. Victoria, BC V8T 4N4

## Herbal Remedies - cont.

### PARKSVILLE

Pharmasave Health Centre 281 East Island  
Hwy 250-951-0227 *ad pg. 3*

### VANCOUVER ISLAND

Hedd Wyn Essentials 1-866-335-3061,  
250-335-3061 *ad pg. 12*

### VICTORIA

Self-Heal Herbs 1106 Blanshard Street  
250-383-1913 *ad pg. 18*

### VICTORIA/SIDNEY

Lifestyles Market 343 Cook St. 250-381-  
5450, 2950 Douglas St. 250-384-3388, Sidney  
250-656-2326 *ad pg. 6*

## Herbal Store

Inner Peace Awareness Centre 1-800-834-  
3480 www.innerpeaceawareness.com *ad  
inside back cover*

### VICTORIA

Self-Heal Herbs 1106 Blanshard Street  
250-383-1913 *ad pg. 18*

## Herbalist - Clinical

### NANAIMO

Gillian Leverkus, PhD RHP 250-753-5656  
Mid-Island Healing Centre *ad pg. 21*

## Holistic Healing Centre

### COBBLE HILL

Valleyview Center of Healing Arts  
250-743-1733, 250-743-1605

### COMOX

Comox Wellness Center 250-339-0007  
141C Nordin St. Downtown Comox

### NANAIMO

Energy All Around 250-756-2235 *ad pg. 4*

Mid-Island Healing Centre #4 - 321 Wesley  
Street 250-753-5656 *ad pg. 21*

Phoenix Holistic Healing Clinic \* Shiatsu,  
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## Holistic Health Certification Programs

### NORTH VANCOUVER

West Coast Institute of Mystic Arts  
604-982-0099 *ad inside front cover*

## Holistic Health Network

Vancouver Island Healing Arts Network  
Jennifer Bird 866-339-9355, 250-339-3334  
www.healingartsnetwork.ca

## Holistic Health Practitioners

### COBBLE HILL

Reiki Wellness 250-743-1733 #39-1400  
Cowichan Bay Rd. *ad pg. 8*

### NANAIMO

## Duncan Fraser, MTC

• Integrative Cranial • Structural Alignment  
Bodyworker & Holistic Healer  
*Working with Body, Mind & Spirit*  
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**250-754-0887** wdff@telus.net

## Homeopathy

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stimulate the body's own defense and healing  
process.*

### NANAIMO

Valeo Pharmacy - Your Medicine Centre  
Carmen Troje 250-751-2334 Longwood  
Station 1-5771 Turner Rd. *ad pg. 13*

### PARKSVILLE

Pharmasave Health Centre 281 East Island  
Hwy 250-951-0227 *ad pg. 3*

## Hypnotherapy

*A process of discover and recover from  
psycho-emotional traumas that affect the  
productive living of life.*

Inner Peace Awareness Centre 1-800-834-  
3480 *ad inside back cover*

### DUNCAN

Island Hypnosis Educational Centre  
1-888-618-2211 250-746-1021 *ad pg. 10*