

Dr Paulette Roscoe Natural Family Health Care

- Digestive Disorders
- Menopause • PMS • Pediatrics
- Vega Allergy Testing

210 Milton St. Nanaimo 250-754-1733

Nikken Wellness Consultant

Nikken concept known as the Five Pillars of Health; a healthy body, a healthy mind, a healthy family, a healthy society and healthy finances.

NANAIMO

Energy All Around Anna Christine Doehring
250-756-2235 *ad pg. 4*

NLP

Neuro-Linguistic Programming based on the fundamental relationship between mind, language and how their interaction creates behavior. Altering old beliefs and attitudes changes behavior to create a healthier state of being.

NANAIMO

Life Coaching Christina Knighton, NLP Master Practitioner, Hypnotherapist 250-753-1268
knightonconsulting@shaw.ca

Numerology

A numerical interpretation of numbers, dates, and the number value of letters. Used as a means to understand personal patterns and a tool to recreate balance and order in various aspects of one's life.

CAMPBELL RIVER

Enlightenment Consultations Beryl Thielmann 250-337-5211 *ad pg. 22*

NORTH VANCOUVER

West Coast Institute of Mystic Arts
604-982-0099 *ad inside front cover*

Nutrition

Basics of Health Christine Pedersen
www.basicsofhealth.com 1-888-531-1891
cmp@basicsofhealth.com

Forever Green 250-753-8898, 250-716-2777,
250-753-7070 *ad back cover*

Vemma Nutrition Program 1-877-730-6829
www.myvemma.com/mlturner *ad pg. 19*

Oil of Oregano - With Certified Organic Olive Oil

VANCOUVER ISLAND

Hedd Wyn Essentials 1-866-335-3061
250-335-3061 *ad pg. 12*

Organic Gardening

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Heaven to Earth Organic Garden Care
Melissa Sousa 250-753-8898 *ad pg. 6*

Organic Produce

COURTENAY

Edible Island Whole Foods Market
477 6th St. 250-334-3116 *ad pg. 18*

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Charlie Brown's Health Food 250-753-5211
91-650 Terminal Ave. Port Place 250-758-1971
2139A Bowen Rd. *ad pg. 18*

NANOOSE BAY

Nanoose Edibles Organic Farm Market
1960A Stewart Rd. 250-468-2332

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Amped On Nutrition * Health food store and
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the ferry. * #4 - 673 Plaza Rd. Quathiaski Cove
250-285-3142 phone/fax

VICTORIA/SIDNEY

Lifestyles Market 343 Cook St. 250-381-
5450, 2950 Douglas St. 250-384-3388, Sidney
250-656-2326 *ad pg. 6*

Organic Skin Care

PARKSVILLE

Full Circle Esthetics & Electrolysis Susan
Sprinkling * Forty years of experience and re-
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minence professional organic skin care. *
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Organizing

VANCOUVER ISLAND

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relocation, short notice moves, pre-garage
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For more information, please contact Lynn Turner in Calgary (403) 259-4817 or Toll Free at 1-877-730-6829 or visit www.myvemma.com/mlturner

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