


Physiotherapy

A branch of treatment that uses physical means such as massage, exercise, heat or electricity to relieve pain, regain range of movement and restore muscle strength.

COMOX

Gentle Hands Physiotherapy Jennifer Bird
Comox Wellness Centre 250-890-0059

NANAIMO

The Alden Clinic Janet Foster, MCSP, MCPA, CAFCI, R.Ac. Physiotherapy, Cranio Sacral Therapy, Medical Acupuncture Quantum Biofeedback Specialist SCENAR Therapy 697 Wentworth St., Nanaimo, BC Ph/Fax (250) 753-7771 www.aldenclinic.com	
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Assists in expelling accumulated toxins from the body through the 2,000 eccrine sweat glands in each foot.

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Hart 'n Soul Healing Saunas Ronna Hart,
R.N.P.A. 250-751-3387

Mid-Island Healing Centre #4 - 321 Wesley
Street 250-753-5656 *ad pg. 21*

SHAWNIGAN LAKE

Cathy Simons www.crystalclearreiki.com
250-743-9259 *ad pg. 22*

Psychic Readers

Sacred Connections 306-290-9074
ad inside back cover

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VICTORIA

Divining Hearts 250-361-7358 Angela
Gerhart

Palms Plus Sandra Fisher 250-478-4226

Sage Maureen Freeman 250-598-5221
sage@johnsmarvels.com *ad pg. 26*

Publishing

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EAGLEEyeONE Gabriole Springford, BFA
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www.EAGLEEyeONE.com

Pyramid Power

A geometric shape believed to physically influence plant growth, alter the structure of water and food and energetically improve meditation, clear auras and improve psychic abilities plus a host of other attributes.

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Quantum Biofeedback

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Life in Balance Linda Neufeld 250-714-0901
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R.Ac. 697 Wentworth St. 250-753-7771

Radio Talk - CHLY 101.7 FM Radio Malaspina

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Tuesday at 2-4 pm - Living on Purpose Lynn
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Welcome! Mid-Island Healing Centre in the
Old City Quarter, offers you a selection of
practitioners & services to relax, rejuvenate
and heal your mind, body and spirit.

~ Practitioners ~

Chiquita Hessels - Certified
Reflexologist, Auricular Therapy,
Ear Candling, Tui Na and Hot Stone
Massage

Julie A. Romanyshyn - Certified
Massage: Lomi-Lomi, Hot Stone,
Swedish and Chair. Reiki

Ahmad Miles B.Ac., R.Ac.
Classical Five Elemental
Acupuncture

Brian Generoux - Hellerwork, Deep
Tissue and Relaxation Massage

Lin Suffron BSc. - Reiki, Herbal
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Gillian Leverkus PhD. RHP. -
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Dr. Jody Brandolini - Traditional
Chinese Medicine, Acupuncture,
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