



Liz Robitaille
Life Coach

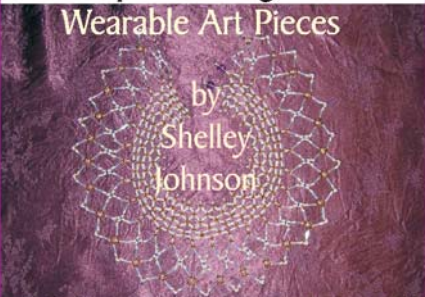


*Love Yourself
Heal Your Life
Workshops &
Coaching.* *Wisdom Is Within*
SELF DISCOVERY WORKS

Liz guides her clients to personal empowerment, prosperity and purpose.
Certified Louise L. Hay teacher

250-757-9794 liz@wisdomiswithin.com
www.wisdomiswithin.com

Extraordinary Beadwork
Inspired Energetic
Wearable Art Pieces



by Shelley Johnson

and classes to learn to Do It Yourself

250-951-0032
Custom Designed



SAGE

Maureen Freeman
'A Messenger of Wisdom'

**Psychic Readings
Written Channelings
Mediumship
Special Events / Gatherings**

250 598-5221
sage@johnsmarvels.com

**Training - Touch for Health
Applied Kinesiology**

Testing of various muscle and nerve reflexes in the body to verify the strengths and weakness of various organ systems.

BELCARRA

Touchpoint Institute of Reflexology & Kinesthetics Yvette Eastman 1-800-211-3533
604-936-3227 *ad pg. 22*

Transformational Tools

Synrohearts * A unique new relationship board game about Love. It is a fun and interactive game that can help improve communication and intimacy in relationships. * www.synrohearts.com *ad pg. 20*

NANAIMO

Starr Drawings * Sacred Geometric hand drawn drawings for your heart and home * Melissa Sousa heaven2earth@telus.net
250-753-8898 *ad pg. 16*

The Sand Art Store 250-716-2777
www.TheSandArtStore.com *ad center page*

Vega Allergy Testing

Used to establish food sensitivities, chemical or environmental sensitivities, or to identify specific organ malfunction, and define dosages for remedies and supplements.

NANAIMO

Gillian Leverkus, PhD RHP 250-753-5656
ad pg. 21

Vegetarian Take-Out Food

QUADRA ISLAND

Amped On Nutrition * Health food store and organic vegetarian take-out. A short walk from the ferry. * #4 - 673 Plaza Rd. Quathiaski Cove
250-285-3142 phone/fax

**Vibrational Therapy -
Chakra Sound Essences**

Essences that have been charged with the energy wave of sound and holding a whole note resonating with specific chakra energy centers.

COBBLE HILL

Reiki Wellness 250-743-1733 #39-1400
Cowichan Bay Rd. *ad pg. 8*

**Vibrational Therapy -
Flower Essences**

Flower essences stimulate the body's ability to heal by restoring balance to chakras & energy fields, releasing old thought patterns & emotions.

NANAIMO

Lin Suffron 250-753-5656 *ad pg. 21*

VICTORIA

Clear Point Healing Sequoia Springford
250-384-8858 www.clearpointhealing.com
clearpointhealing@shaw.ca *ad pg. 12*

Vitamins & Supplements

CAMPBELL RIVER

Compounding Pharmacy 250-286-1771
Merecroft Village - Merecroft & Dogwood

NANAIMO

Charlie Brown's Health Food 250-753-5211
91-650 Terminal Ave. Port Place 250-758-1971
2139A Bowen Rd. *ad pg. 18*

Pharmasave Health Centre * Located inside Fairway Market * 130A - 2000 N. Island Hwy
pharmasave26@telus.net 250-760-0771

Valeo - Your Medicine Centre Carmen Troje
250-751-2334 *ad pg. 13*

PARKSVILLE

Pharmasave Health Centre 281 East Island Hwy
250-951-0227 *ad pg. 3*

VICTORIA/SIDNEY

Lifestyles Market 343 Cook St. 250-381-5450, 2950 Douglas St. 250-384-3388, Sidney
250-656-2326 *ad pg. 6*

Voltage Healing

A 'Biomodulator' biofeedback device designed to increase voltage in the body's cells to restore the body to optimum health.

NANAIMO

Linda Redman 250-716-2777

VANCOUVER ISLAND

Amanda Delisle 250-898-1150 *ad pg. 25*

Water Filter

NANAIMO

Energy All Around 250-756-2235 *ad pg. 4*