

# Island Reiki and Relaxation Center



**Reiki Treatments  
(and training)  
Relaxation Massage  
Hypnotherapy  
Meditation  
Yoga Classes  
Mom & Me Classes**

**You need a rest...  
come to the best!!**

If you don't want help maintaining  
a healthy lifestyle that's your business...  
**IF YOU DO...That's My Business!**

**Relaxation Guaranteed Call Now  
(250) 716-3442**

**islandreiki@pacificcoast.net**

Cutting edge European style,  
relaxing ambience and  
friendly staff are the  
components that will make  
your next salon experience  
the best in Nanaimo.

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precision cuts,  
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and  
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HAIR STUDIO

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